



Questions

- ✓ Why are you here? What motivated you to register for this course?
- ✓ In what area of your life do you feel something is missing?
- ✓ How do you define success in this area of your life?
- ✓ How would you describe the destination you think you're after? Be bold.



Exercise

- ✓ Welcome to your course!
- ✓ Whether you're looking at a professional goal, personal dream, or some area of your life where you're in your way, examine and detail your current strategy for success in this area. Even if you're not successful, look at the strategies you're using to produce that result.
- ✓ Write out the ones you can see today.



Actions/Homework

- ✓ Decide what you're ready to do.
- ✓ Define what success means for you in this area.
- ✓ Set a goal that you can achieve in the next 28 days. Make it specific, measurable and timely.
- ✓ Follow the instructions. Do the work.



Accountability

- ✓ Find an accountability partner to hold you accountable for the goals you set. Make sure it's someone you can rely on to keep you on track, whether they're in this course or not.



Measure your Learning

- ✓ What insights do you have now into your creative power – or sense of powerlessness – in this area of your life? Note them down.